



Wellness at the Workplace

Thursday, October 20th 2022 5:00 – 7:00 p.m. CET Online-Symposium



A collaboration of the Swiss Society of Emergency and Rescue Medicine and the Canadian Association of Emergency Physicians

"We all went into our professions for a reason. We had goals, dreams, and aspirations. As time passes and as challenges ensue, the passion dies and is replaced with feelings of jadedness and overwhelm. We all want to live a life of significance and make a difference, but how can we, when we feel stuck in a career, we thought we loved but now, for the lack of a lighter word, hate. Whether it's dealing with clients, patients or difficult colleagues, each encounter takes a piece of the love you had for your work. Life's whirlwinds don't help as the passion fades and is soon completely forgotten."

> Dr. Nour Khatib Speaker & Emergency Physician

Program

5:00 p.m.	Welcome / Introduction PD. Dr. med. Stephan Blumenthal Dr. med. Stefan Matthias Müller
5:10 p.m.	Wellness at the Workplace – The Canadian approach Nour Khatib, MD CM, CCFP(EM), MBA Rod Lim, MD
6:00p.m.	Healthy Doctors for healthy patients Barbara Weil
6:30 p.m.	Questions
7:00 p.m.	End of Symposium

Speakers

PD Dr. med. Stephan Blumenthal

Chefarzt, Institut für Anästhesiologie, Stadtspital Zürich

Dr. med. Stefan Matthias Müller

Chefarzt, Schutz & Rettung, Zürich Leitender Arzt, Institut für Anästhesiologie, Stadtspital Zürich Mitglied Vorstand SGNOR

Nour Khatib MD CM, CCFP(EM), MBA

Emergency Physician Lakeridge Health | Markham Stouffville Hospital LH ED Education & Prof. Development Lead LH ED Lead Preceptor Assistant Professor | Queens University Lecturer | University of Toronto CAEP: Global Emergency Medecine, Co-Chair

Rodrick Lim, MD

Associate Professor, Department of Paediatrics and Medicine, Schulich School of Medicine & Dentistry, Western University, London, Ontario, Canada Medical Director and Section Chief, Paediatric Emergency Department at the Children's Hospital at London Health Sciences Centre, London, Ontario, Canada CAEP: Leadership Chair and Wellness Chair

Barbara Weil

Abteilungsleiterin Abteilung Public Health, Gesundheitsberufe und Heilmittel FMH, FMH – Verbindung der Schweizer Ärztinnen und Ärzte, Bern

Registration

Please register by email <u>anaesthesie@stadtspital.ch</u> until **October 18th 2022**. The Online-Symposium will be held on MS-Teams.

Education credits

SSAPM Credits, SGNOR Credit, SGC Credits

Support

The Online-Symposium takes place with the kind support of the following sponsors.



Organisation

Institut für Anästhesiologie: Dr. med. Stefan Matthias Müller, Karin Feusi

Stadtspital Zürich Triemli Birmensdorferstrasse 497 8063 Zürich

T +41 44 416 52 02 triemli.ch